

This workshop is offered at the following times:

2011 schedule

February 24

6 pm – 9 pm

May 4

6 pm – 9 pm

June 23

6 pm – 9 pm

October 19

6 pm – 9 pm

December 15

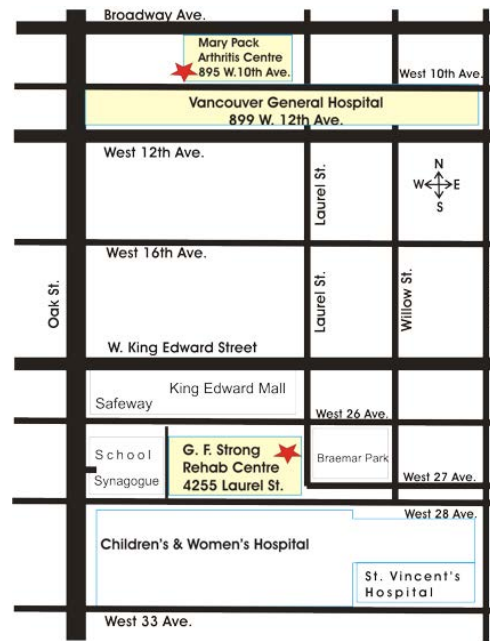
6 pm – 9 pm

Location

GF Strong Rehab Centre
4255 Laurel Street
Vancouver, BC V5Z 2G9

Social Services Seminar Room
(#189, main floor)

How to Find Us



Understanding Stroke

A Workshop for
Families & Friends



G.F. Strong Rehab Centre
Acquired Brain Injury Program

4255 Laurel Street
Vancouver, BC V5Z 2G9

For more information please contact:
Educator

Tel: 604-737-6221

For more copies, go online at <http://vch.eduhealth.ca> or email phem@vch.ca and quote Catalogue No. **FM.337.UN2**
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The information in this document is intended solely for the person to whom it was given by the health care team.
www.vch.ca

Is this for you?

Everyone is welcome.

This workshop is for survivors, families and friends who want to learn more about life after a stroke.

Is there a cost?

No, this workshop is free to attend.

Do I have to register?

Registration is not needed, but we would like to know how many of your family members and friends will be joining us.

Please let us know by contacting 604-737-6221.

Workshop Description...

This is a chance for survivors, families and friends to learn about how the brain works, stroke and recovery. We also talk about life after a stroke, including strategies to help and available resources.

Workshop Format...

- This 3 hour education session is facilitated by a doctor and educator from the Acquired Brain Injury Program at GF Strong Rehab Centre.
- It is open, informal and a chance to learn from others whose lives are changed by a stroke.
- Your concerns, questions and experiences guide the session.

What will I learn?

You will learn about:

- the brain and how it works
- the many changes that happen after a stroke
- practical rehabilitation strategies to help
- life after stroke and resources to help you through your journey

More questions?

For more information please call the GF Strong Educator at 604-737-6221.

